

☐ 5 Nights / 6 Days

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# Through the Hills and Backwaters

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#### Overview

A scenic 6-day tour focusing on Kerala's green hills and quiet canals. Perfect for nature lovers and slow travelers who prefer to unwind and explore at their own pace.

## **Highlights**

- Tea Factory Visit
- $\square$  Canoe Ride or Houseboat Stay
- III Nature Walks and Birdwatching
- III Local Market Hopping
- Optional Morning Yoga Session

# **Detailed Itinerary**

# Day 1 - Arrival in Cochin - Drive to Munnar

Welcome to Kerala! On arrival at Cochin Airport or railway station, your private cab will take you on a scenic 4-5 hour drive to Munnar – a lush hill town famed for its tea gardens and mist-covered valleys. Along the way, you'll pass waterfalls, spice plantations, and photo-worthy viewpoints. Check in to your charming hill hotel and relax for the evening. <a href="https://doi.org/10.2016/journal.com/">br>Overnight stay at Munnar</a>

### Day 2 - Munnar - Tea Gardens & Nature Trails

After breakfast, head out to explore the heart of tea country. Visit a working tea factory to learn how the region's famous tea is made — from leaf to cup. Then, enjoy a gentle nature walk through the plantations or nearby forest trails. Spot birds, breathe in the fresh air, and soak in the serene hilltop views. <br/>
Overnight Stay at Munnar

#### Day 3 - Munnar - Local Life & Scenic Views

Today is all about exploring local flavors and sights. Visit the local markets for fresh spices, teas, and handmade crafts. Take your time — maybe sip chai at a roadside stall or interact with locals at a vegetable market. Later, relax at your stay or wander to nearby viewpoints like Pothamedu View Point for a quiet sunset. < br > Overnight stay at Munnar

#### Day 4 - Munnar to Alleppey - Into the Backwaters

Bid farewell to the hills as you journey towards the serene backwaters of Alleppey (approx. 5 hours). Upon arrival, choose between a relaxing houseboat stay or a cozy canal-side hotel. If on a houseboat, you'll cruise gently through narrow canals and lush paddy fields, watching village life pass by from the deck.<br/>
Vernight: Alleppey (houseboat or hotel, depending on your selection)

# Day 5 - Alleppey - Slow Travel & Birdwatching

Start your day early with a canoe ride or a walk along the sleepy village lanes. This is a day for unhurried exploration — visit a nearby bird sanctuary or relax by the canals. Take in the sights of fishermen casting nets and women weaving coir ropes. < br > Overnight stay at Alleppey

#### **Day 6 - Departure from Cochin**

After breakfast, check out and head back to Cochin for your journey home. You'll carry back a heart full of calm, refreshing memories — misty hills, peaceful canals, friendly faces, and the scent of spices and tea.<br/>
Tour ends with a drop at Cochin Airport or Railway Station.

# **Accommodation Used**