

Golden Triangle with Yoga Retreat in Rishikesh

📅 7 Nights / 8 Days

Main Image

Overview

This thoughtfully curated 8-day experience takes you through India's most celebrated cultural triangle—Delhi, Agra, and Jaipur—before culminating in the tranquil embrace of Rishikesh. Traverse through the majestic forts and palaces of the Mughal and Rajput dynasties, gaze upon the eternal beauty of the Taj Mahal, and explore bustling bazaars rich in color and craft. Then shift gears entirely, trading the chaotic charm of cities for the stillness of Himalayan foothills. At a serene yoga retreat in Rishikesh, awaken your inner calm through yoga, meditation, and soul-touching rituals along the sacred Ganges. This journey offers the perfect synthesis of exploration and introspection—a royal, spiritual, and wellness experience in one.

Highlights

- 🏰 Discover Delhi's vibrant history, from Qutub Minar to Chandni Chowk
- 🏰 Witness the ethereal beauty of the Taj Mahal at sunrise
- 🏰 Explore the royal forts and palaces of Jaipur, the Pink City
- 🧘♂️ Stay at a tranquil yoga retreat in Rishikesh, guided by experts
- 🏰 Participate in early morning yoga & meditation sessions
- 🏰 Attend the spiritually moving Ganga Aarti at Triveni Ghat
- 🏰 Enjoy seamless travel with included transfers, guides, and stays

Detailed Itinerary

Day 1 - Arrival in Delhi - Welcome to the Soul of India

Arrive in Delhi, where tradition and modernity merge in harmony. Meet our representative who will escort you to your hotel. Relax and refresh after your journey, then venture into the city at your pace. Whether you choose to unwind with a warm cup of masala chai or explore Delhi's chaotic streets and heritage, the capital offers a thrilling start to your immersive experience.

Day 2 - Delhi Diaries - Forts, Faith & Flavors

Begin with the architectural grandeur of Qutub Minar, Humayun's Tomb, and Jama Masjid. Roam the bustling Chandni Chowk on a rickshaw, soaking in centuries-old trade culture. Visit India Gate, President's House, and Lotus Temple—each telling a unique story of the nation's spirit. Let the flavors of street food and stories from local guides add depth to your understanding of Delhi's essence.

Day 3 - Agra Marvels - The Timeless Love of the Taj

Travel to Agra and stand in awe before the iconic Taj Mahal. Admire its changing hues with sunlight, listen to the love tale behind its creation, and feel the emotional gravity it holds. Visit Agra Fort, another architectural wonder of the Mughal era, and explore the city's marble art, local cuisine, and vibrant culture. Return to your hotel filled with awe and admiration.

Day 4 - Jaipur Arrival - Palaces Painted in Pink

Drive to Jaipur with a cultural detour to Fatehpur Sikri—an abandoned city steeped in mystery and Mughal legacy. Arrive in Jaipur, check into your hotel, and enjoy a relaxed evening. Jaipur, with its vibrant textiles, colorful bazaars, and royal hospitality, invites you into a world that's as warm as it is majestic. Prepare for regal explorations ahead.

Day 5 - Royal Trails of Jaipur - Majestic Forts & Market Wonders

Experience a full day of Jaipur's heritage with visits to Amber Fort, City Palace, Hawa Mahal, and Jantar Mantar. Ride a jeep or optional elephant to the Amber Fort for a

panoramic view of the Aravalli hills. Dive into the local markets known for gemstones, blue pottery, and block-printed textiles. Discover stories from royal Rajput history and enjoy authentic Rajasthani meals.

Day 6 - Rishikesh Bound - Serenity Along the Ganges

After soaking in royal India, head toward peace in Rishikesh. Travel by private vehicle or optional train/flight to the yoga capital nestled in the Himalayas. Upon arrival, check into your wellness retreat, meet your yoga instructors, and unwind amid natural beauty. Let the sound of the Ganges and the crisp mountain air prepare your mind and body for introspection and healing.

Day 7 - The Healing Day - Yoga, Aarti & Inner Balance

Rise early to join group yoga and meditation sessions led by certified instructors. Connect with your breath and align your energy under expert guidance. Explore temples and ashrams along the riverbanks, meet spiritual seekers from around the world, and spend time journaling, relaxing, or joining workshops. End your day with the sacred Ganga Aarti—an ethereal ceremony of light, sound, and devotion beside the holy river.

Day 8 - Departure from Delhi - Restored, Rejuvenated, and Radiant

After breakfast, return to Delhi by private transfer. Reflect on your journey that brought you from regal India to spiritual stillness. Depart with renewed clarity, memories etched in marble and a deeper connection to your inner self. This tour leaves you enriched—both outwardly with experiences and inwardly with peace.

Accommodation Used