

Beach Excursion of Kerala

📅 5 Nights / 6 Days

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Overview

Enjoy a rejuvenating 6-day getaway to Kerala’s sun-kissed beaches. From Kovalam to Varkala, soak in beach bliss, seaside massages, and local seafood.

Highlights

- 📅 Kovalam & Varkala Beach Days
- 📅👩 Seaside Spa & Ayurvedic Massage
- 📅 Art Cafés & Street Food
- 📅 Sunset Canoe Ride
- 📅 Morning Yoga at Beach Resort

Detailed Itinerary

Day 1 - Arrive in Trivandrum - Into the Embrace of the Arabian Sea

Welcome to Kerala, where the sun meets the sea in slow, golden waves. After your arrival at Trivandrum airport or railway station, you're chauffeured to your handpicked resort in Kovalam. The day is yours — relax under swaying palms, stroll barefoot along Lighthouse Beach, or enjoy the salty breeze from your room’s balcony. As the sky turns orange, let the ocean lull you into holiday mode.

Day 2 - Coastal Vibes and Sand between Your Toes

Start the day with a refreshing walk by the beach and a hearty breakfast. Visit Hawa Beach, known for its calm waters and local fishing boats. Enjoy a leisurely swim or sunbathe, followed by some downtime at your resort. For lunch, explore street-side seafood grills or visit a local art café for artistic vibes and coastal cuisine. You may choose to indulge in an Ayurvedic massage at the resort spa for deep relaxation.

Day 3 - Transfer to Varkala - Cliffs, Culture & Calm

After breakfast, drive north to the dramatic cliffside coast of Varkala — a beach town with a unique energy. Your resort is perched near the famous Varkala Cliff, where waves crash below and shops bustle above. The day is open for exploring cliff cafés, trying local snacks, or simply lounging in a hammock. End your day watching the sunset from a quiet viewpoint, coconut in hand.

Day 4 - Canoes & Canvas - A Day of Gentle Adventure

Wake up to the sound of waves and start your day with a yoga session on the beach, guided by a local instructor (optional). Later, enjoy a sunset canoe ride along the estuary or nearby mangrove inlets — a peaceful, intimate way to witness Kerala's waterways. In the evening, explore Varkala's boho-style cafés, art shops, or street vendors offering everything from handmade jewelry to spiced tea blends.

Day 5 - Self-Care, Shopping & Slow Travel

Today is your personal day of pampering and local exploration. Visit a local Ayurvedic wellness center (charges apply) for a customized seaside spa or massage session. Afterward, dive into some beachside shopping — think handmade soaps, beach dresses, spices, and local crafts. Wrap up with a quiet dinner at your favorite café as live music floats through the air.

Day 6 - Departure - A Piece of the Sea in Your Soul

Enjoy your final breakfast with a view, take a last walk on the shore, and let the coastal calm settle into your spirit. Your driver will escort you back to Trivandrum Airport or Station, where you depart with unforgettable memories of lazy tides, peaceful mornings, and sunlit laughter. Tour Ends, but the glow stays.

Accommodation Used